



UNITED STATES MARINE CORPS

III MARINE EXPEDITIONARY FORCE, FMF

UNIT 35605

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FORCE ORDER 6200.1

From: Commanding General
To: Distribution List

Subj: OPERATIONAL STRESS MANAGEMENT AND RESPONSE TEAM (SMART)

Ref: (a) DOD Directive 6490.2
(b) DOD Directive 6490.5

Encl: (1) Standard Operating Procedures for the Operational
Stress Management and Response Team (SMART SOP)
(2) Glossary of Combat Stress Control Terminology

1. Background. Operational stress can be defined as the extraordinary physical and mental stressors produced in combat or from the accumulation of stressors associated with routine military service. Operational stress can negatively impact military readiness during both peacetime and wartime. Because operational stress can account for up to one-third of battle casualties and negatively impacts military readiness, it is necessary to establish a plan that targets the reduction of operational stress and its effects. The creation of a Stress Management and Response Team (SMART) and Stress Help And Response Program (SHARP) is meant to facilitate this objective.

2. Mission. The mission of the SMART is to develop, coordinate, and administrate the SHARP. III MEF is committed to a comprehensive, integrated operational stress control program that provides prevention, early intervention, and response services. An effective stress management program will preserve and promote III MEF fighting strength and minimize the adverse effects of operational stress in garrison and during deployments.

3. Responsibilities

a. Command. Commanders are responsible for the physical, mental, social, and spiritual health and welfare of their personnel. All commanders will be thoroughly briefed on services provided by the SMART. Commanders will ensure that

all leaders and subordinate personnel are educated in operational stress control, suicide prevention, and critical event debriefings.

b. SMART. The SMART will be responsible for the overall development, coordination, and administration of III MEF SHARP. This will be accomplished in coordination and consultation with commanders, chaplains, and medical officers. Responsibilities of the SMART include strategy development, assessment and management of operational stress factors, development of educational products and briefs, critical event debriefings, and surveillance.

4. Execution. Commanders will be guided by this Order ensuring all personnel adhere to applicable sections. This Order will be used as a guideline supplementing DoD and Navy and Marine Corps manuals, directives, instructions, and applicable force orders. Readiness levels pertaining to operational stress control and any of its goals and objectives will be in compliance with the goals directed by the Commanding General.

5. Administration and Logistics. While the information contained in this Order is not all encompassing, it provides general guidance for the administration and operation of operational stress control within the III MEF.


D. C. O'BRIEN
Chief of Staff

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Management and Response Team SOP

1. General. This SOP outlines procedures for administration of the Operational Stress Management and Response Team (SMART) and Program (SHARP) within III MEF.

2. General Responsibilities

a. Develop an annual III MEF Operational Stress Management and Response Program Strategic Plan.

b. Assess and monitor operational stress conditions of III MEF while in garrison, and during deployments.

c. Develop and coordinate stress management training.

d. Provide for crisis intervention services in garrison and during deployment.

e. Provide routine outpatient services in coordination with the Mental Health Units of U.S. Naval Hospitals Okinawa and Yokosuka and Tripler Army Medical Center.

3. Staff Organization and Responsibilities

a. III MEF Surgeon. The III MEF Surgeon exercises technical and professional supervision over all matters pertaining to the SMART. The Division, FSSG, and Wing Surgeons serve as major advisors and consultants.

b. III MEF Chaplain. The III MEF Chaplain along with the Division, FSSG, and Wing chaplains serve as major advisors and consultants to the SMART.

c. Officer in Charge (Division Psychiatrist). The Division psychiatrist will serve as the officer in charge (OIC). Specific roles and responsibilities include:

(1) Overall responsibility for the administration and functioning of SMART.

(2) Provide ongoing information to commanders, chaplains, and surgeons on the purpose, status, and efforts of SMART.

ENCLOSURE (1)

(3) Provide ongoing evaluation and treatment of III MEF personnel in need of outpatient psychiatric care in coordination with the Mental Health Units.

(4) Coordinate the evaluation and treatment of III MEF personnel in need of psychiatric care in garrison and during deployments.

d. Assistant OIC (Chaplain). The III MEF Chaplain will assign a chaplain, to serve as the assistant officer in charge (AOIC). Specific roles and responsibilities include:

(1) Assist the OIC in his responsibilities and assume his responsibilities in his absence as appropriate.

(2) Serve as liaison to unit chaplains in regard to training, technical support, and resource materials.

(3) Provide interagency liaison to the Chaplains Religious Enrichment Development Operation (CREDO) Program and the Community Counseling Center.

(4) Serve as a liaison with to the Division Psychiatrist for coordination and treatment of III MEF personnel in need of psychiatric care in garrison and during deployment.

e. Division Psychiatric Technician (Psych Tech). Specific roles and responsibilities include:

(1) Serve as administrative, supply, and training petty officer.

(2) Assist in crisis intervention, suicide risk assessment, crisis stabilization and ongoing treatment of Marines and Sailors evaluated by the Division Psychiatrist in garrison and during deployment.

(3) Create and maintain a database for tracking suicide attempts, gestures, and completed suicides; recommendations for administrative separations; and all administrative separation packages.

f. Division Religious Program Specialist (RP). Specific roles and responsibilities include:

ENCLOSURE (1)

(1) Assist in all administrative and supply duties.

(2) Assist in crisis intervention, suicide risk assessment, crisis stabilization and ongoing treatment of Marines and Sailors evaluated by the Division Psychiatrist in garrison and during deployment.

4. Annual Strategic Plan. An annual strategic plan for the III MEF Operational Stress Management and Program will be prepared annually and presented to the III MEF Chief of Staff.

5. Administrative Requirements

a. Daily requirements

(1) Maintain logs of new and follow-up patients.

(2) Maintain patient status report of III MEF personnel being followed as inpatients at the Mental Health Units.

(3) Maintain patient Combat Stress status report of III MEF personnel while in garrison and deployed and a summary report at the conclusion of the deployment.

b. Quarterly requirements. A quarterly status report on the III MEF Operational Stress Management and Response Program will be disseminated to commanders, chaplains, and surgeons.

c. Annual requirements. A comprehensive report addressing every aspect of the III MEF Operational Stress Management and Response Program will be generated and disseminated annually.

6. Staff Training

a. All members of the SMART are required to have the following training:

(1) Critical Incident Stress Management (CISM) Training

(2) Suicide Prevention Training.

(3) Stress Management Training.

(4) Introduction to Alcohol Treatment Training.

ENCLOSURE (1)

7. The SMART will work in coordination with the Mental Health Units, the Family Services Centers, and Alcohol Rehabilitation Departments to facilitate a comprehensive mental health program for III MEF.

ENCLOSURE (1)

Glossary of Combat Stress Control Terminology

1. Combat Stress Control (CSC). Programs developed and actions taken by military leadership to prevent, identify and manage adverse combat stress reactions on members' physical, psychological, intellectual and social health and return those affected Marines or Sailors to duty expeditiously.
2. Combat Stress Reactions (CSR). The expected, predictable, emotional, intellectual, physical and/or behavioral reactions of Marines and Sailors who may have been exposed to stressful events in combat or other military operations.
3. Critical Event Debriefing (CED). A debriefing conducted after an exceptionally stressful event such as a helicopter crash or natural disaster, extreme suffering, receipt of friendly fire, etc., to help resolve mission misunderstandings, enhance communication, strengthen unit cohesion and readiness and to prevent or minimize adverse psychological reactions to the event and return the unit to duty as soon as possible.
4. Critical Incident Stress Management (CISM). CISM is a systematic and multi-component approach for the reduction and control of harmful aspects of stress resulting from a critical event such as a helicopter crash or suicide. It includes pre-incident traumatic stress education, disaster intervention services, critical event stress debriefings/defusings, individual interventions, family interventions, and follow-up services.
5. BICEPS. An acronym for the management of CSR's: Brevity (usually less than 72 hours); Immediacy (as soon as symptoms are evident); Centrality (in a centralized CSC unit separate from, but proximal to, a medical unit); Expectancy (expectation that casualties will recover); Proximity (treatment at or as near the front as possible); and Simplicity (use of simple measures such as rest, food, hygiene and reassurance).